



“ BEFORE YOU SAY ‘NO’
LOOK AT THOSE YOU CARE
ABOUT AND DO EVERYTHING
POSSIBLE TO STAY HEALTHY.

LET’S GET THE VAX, JAX!

– **Laureen Husband, EdD**

Director, Public Policy and
Community Engagement
Feeding Northeast Florida



LetsGetTheVaxJax.com

FREQUENTLY ASKED QUESTIONS ABOUT THE COVID-19 VACCINE

How do I know the COVID-19 vaccines are safe?

COVID-19 vaccines have received the most intense safety monitoring in U.S. history, which has allowed public health officials to make science-based recommendations through rigorous testing.

Can someone get COVID from the vaccines?

It is impossible for the Pfizer-BioNTech, Moderna or Johnson & Johnson vaccines to give you COVID-19. None of the vaccines contain any live virus.

I already had COVID-19—why do I still need the vaccine?

The Center for Disease Control (CDC) recommends all people age 5 and older get vaccinated against COVID-19, including people who were previously infected with the virus.

What is the risk of having an adverse reaction to the vaccine?

Side effects to the COVID-19 vaccines are typically mild and subside in one to two days — like soreness in the arm, fatigue, headaches, or a slight fever.

Is the COVID-19 vaccine safe for children?

Yes. Keeping children safe and healthy is top of mind for parents, and scientists have worked to ensure the vaccine is safe for children ages 5-17.

Should I get the COVID-19 vaccine if I am pregnant or breastfeeding?

Yes. Based on data on the safety of COVID-19 vaccines during pregnancy, CDC is now recommending COVID-19 vaccination for all people who are pregnant, breastfeeding or trying to get pregnant now or in the future.



VACCINE AND TESTING SITES - FLORIDA HEALTH DUVAL COUNTY

For a current list of COVID-19 Vaccine and Testing locations in Duval County, scan this code with your smart phone.



**For more information visit
[LetsGetTheVaxJax.com](https://www.LetsGetTheVaxJax.com)**