



# Partnership for Child Health

## ADHD Community Professionals Committee (ADHDCPC) Meeting MINUTES

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Date: September 16, 2016

Time: 11:00 am – 12:00 pm

Meeting Location: Aetna Building  
841 Prudential Drive  
Jacksonville, FL 32207  
UF Education Office  
Conference Room,  
Suite 1130 11<sup>th</sup> Floor  
Conference Room

### Attendees:

**Barbara Brutschy**, Director of Intake Services, Hope Haven

**Heather Castillo**, BA, Partnership for Child Health, (Recording)

**Teri Chenot**, Ed.D, RN, Jacksonville University, Associate Professor - School of Nursing, Brooks Rehabilitation College of Healthcare Sciences

**Marty Clark**, Children's Home Society, Training Specialist/Parent Educator, Early Head Start/Family Life Education Program

**Teresa MacGregor Ph.D., ARNP**, Jacksonville University, Assistant Professor - School of Nursing, Brooks Rehabilitation College of Healthcare Sciences

**Rita Nathawad**, M.D., Jacksonville HATS Director (phone)

## AGENDA TOPICS

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### Agenda topic *Introductions/Announcements*

Meeting attendees introduced themselves. Dr. Goldhagen is out of town today. October is ADHD Awareness month.

CHADD conference is November 10-12<sup>th</sup> in Costa Mesa, California. Flyer was handed out.

### Agenda topic *Review/Approval of 6/17/16 Minutes*

Dr. Teri Chenot in conjunction with Dr. Goldhagen and the Partnership for Child Health has proposed that an ADHD Community Professionals Committee (ADHDCPC) develop with an expressed purpose.

**Purpose:** To review current services in the community for the emerging adult with ADHD and to identify any possible gaps in services for that population so there is an improvement in learning and health outcomes to promote their successful life transition.

Meeting minutes approved from June 17, 2016, with two minor corrections.

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## Agenda topic *Action Items - follow-up*

Denise Giarruso: Was unable to attend. No update provided - will move item to the next meeting.

Marty Clark: Ms. Clark continues to work towards making sure that CHADD stays stable, the local chapter is struggling. Marty is currently working by herself. There is a need to do additional marketing and find a central location.

**Action item:** Barbara Brutschy at Hope Haven and Marty Clark will communicate about meeting space, possibly using Hope Haven as a meeting location.

**Action item:** Send out flyer with the meeting notices.

Dr. Teri Chenot: Dr. Chenot has completed the ADHD Community Professionals Directory and Resource Guide. She will update after each meeting. Approval for directory to be posted on the Partnership for Child Health website was granted by those in attendance. The current format was also approved.

Gail Roberts: Was unable to attend. No update provided - will move item to the next meeting.

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## Agenda topic *ADHDCPC Outcomes Tracking*

Please track your accomplishments and send to Teri prior to the next meeting, scheduled for January 13, 2017.

- Dr. Chenot's abstract was accepted for the 2016 CHADD International Conference - *Innovations Sessions*. She will be presenting *The Development of An Innovative Interprofessional Community Model for the College Student/Young Adult Population with ADHD to Improve Learning and Health Outcomes*. The ADHDCPC team will be recognized on the poster display.
- Drs. Chenot, Goldhagen, Fallucco, Nathawad, Waytowich, Bilello, Childers, Cuffe, J. Robertson, Gover, O. Florez, and community/national partners have submitted a grant proposal to the Florida Blue Foundation. The three main focuses of the grant proposal are: 1) develop a model for transitional youth with ADHD using the SAMHSA model; 2) major focus on education for providers and community; and 3) develop a Florida ADHD network with three geographically diverse sites in Florida to provide information on evidence-based practice and disseminate new knowledge.
- Ms. Clark participated in an educational webinar for the Department of Justice focusing on child rights and ADHD services in schools.
  - **Action Item:** send information letter

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## Agenda topic *Provision of Care*

- Mission: To serve transitional youth ranging in age from 16 to 26. Participants present agreed to mission.
- Process of Care: Medically complex, AAP toolkit, therapy/support systems, neurological impact, trauma-differential diagnosis, capacity of parents to support them.
- Medication Management: Stepwise approach to determine best rx to manage patient's symptoms and tolerance.
  - Dr. Nathawad has found the patch to be the most effective, start with very low dose. If patient presents with medication already in place she will usually continue with that.
  - Once patients are off to college - where do they go to get the meds? They often stop taking their meds; may get pressure from other students to stop or sell their meds; diversion issues.
  - How does it affect the patient's libido?

- Referrals/Handoffs: This is a big issue; there are limited providers with the specialized focus on ADHD through Medicaid causing long wait times. Often testing is not covered or they age out of their current insurance. There are also gaps for referrals for vocational rehabilitation.
- Patient/Family Education: IEP meetings, gap in disability services, address at CHADD vs. in primary care.
- Reimbursement Issues: Yes, especially with diagnosis.
- Competing Demands: Time; there is a provider reluctance to manage controlled substance rx.
- Staffing/Education: there is a gap in training pediatricians, family practice/primary care, nurse practitioners; provision of CME's; connect ADHD patients with addiction specialists and train the addiction specialists about ADHD.
- Patient Safety/Quality: High risk behaviors due to impulse control challenges; Self-medicating, alcohol/substance abuse; Baker Acts- need to educate about ADHD.
- Other Issues: Social/Environmental issues; the use of ADHD coaches – certification/referrals.

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*Agenda topic Consensus and Next Steps*

During the time of this initiative an ongoing committee contact list and resource directory will be developed, participants will share any funding sources or new knowledge, and report any enhancements of services as an outcome of this group.

Meeting adjourned at Noon.

**Quarterly Meeting Dates:**      January 13, 2017; 10 – 12, Children’s Medical Services Conference Room  
   April 21, 2017; 10 – 12, Children’s Medical Services Conference Room  
   June 16, 2017; 10 – 12, Children’s Medical Services Conference Room