



# Partnership for Child Health

## ADHD Community Professionals Committee (ADHDCPC) Meeting MINUTES

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**Date:** January 13, 2017

**Time:** 10:00 am – 12:00 pm

**Meeting Location:** Children's Medical Services Building  
910 N. Jefferson Street  
Jacksonville, FL 32209  
Conference Room,  
2<sup>nd</sup> Floor

**Attendees:**

**Kristin Alberts**, Jacksonville University

**Barbara Brutschy**, Director of Intake Services, Hope Haven

**Heather Castillo**, BA, Partnership for Child Health, (Recording)

**Teri Chenot**, Ed.D, RN, Jacksonville University, Associate Professor - School of Nursing, Brooks Rehabilitation College of Healthcare Sciences

**Marty Clark**, Children's Home Society, Training Specialist/Parent Educator, Early Head Start/Family Life Education Program

**Julie Kellogg**, M.D., Director of Pediatrics, St. Vincent's Family Medicine Residency Program

**Jen Keyworth**, Hope Haven

**Susan Leach**, Duval County Public Schools

**Denise Marzullo**, MBA, LMHC, CEO Mental Health America of NE Florida

**Gail Roberts**, Duval County Public Schools

### AGENDA TOPICS

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**Agenda topic** *Introductions/Announcements*

Meeting attendees introduced themselves.

**Agenda topic** *Review/Approval of 9/16/16 Minutes*

Dr. Teri Chenot in conjunction with Dr. Goldhagen and the Partnership for Child Health has proposed that an ADHD Community Professionals Committee (ADHDCPC) develop with an expressed purpose.

**Purpose:** To review current services in the community for the emerging adult with ADHD and to identify any possible gaps in services for that population so there is an improvement in learning and health outcomes to promote their successful life transition.

Meeting minutes approved from September 16, 2016, with no corrections.

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**Agenda topic** *Action Items - follow-up*

- Denise Giarruso: Was unable to attend. No update provided - will move item to the next meeting.
- Gail Roberts: No update. Who is our target audience? – Parents and families. Discussion ensued regarding the current training, if any for teachers in ADHD. Currently, all teachers in Duval are being trained in Youth Mental Health First Aid through AWARE.
- Marty Clark: Ms. Clark continues to work towards making sure that CHADD stays stable. She spoke with Hope Haven regarding meeting space and they are open to having meetings there. Currently, Ms. Clark is available at Nemours from 5:30pm -7:30 pm on the first and third Wednesday of the month.
- Dr. Teri Chenot: The Resource Guide and Directory content to be updated, if you have not yet sent your profile in please do so. These will be shared on the Partnership for Child Health website as a resource for the community.

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**Agenda topic** *ADHDCPC Outcomes Tracking*

Please track your accomplishments, presentations, articles written, etc. and send to Teri prior to the next meeting, scheduled for April 21, 2017.

- Dr. Chenot attended and participated in the poster presentation at the 2016 CHADD International Conference - *Innovations Sessions*. She presented *The Development of An Innovative Interprofessional Community Model for the College Student/Young Adult Population with ADHD to Improve Learning and Health Outcomes*. She has made a copy of the abstract which includes the ADHDCPC representation and handed it out today.
  - Action Item: Make plans to attend the next CHADD Conference, November 9-11 in Atlanta, GA.

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**Agenda topic** *Behavioral Health-Community/Colleges/Schools/ Support Services*

- Mission: To serve transitional youth ranging in age from 16 to 26.

**Denise Marzullo:** Florida is now the 50<sup>th</sup> State for funding of mental health. Denise is the CEO of Mental Health America of NE Florida, (MHA). You can find a list of mental health providers, support groups and other resources on their website: [www.mhajax.org](http://www.mhajax.org).

- Psych/Evaluations: Youth are required to have a psych evaluation in order to receive services. If a student has a 504 or IEP plan they will already have a summary of performance. However, private schools do not have 504 plans. When a youth goes to college they will need to bring their documentation with them and it is important for the youth to self-identify on the college application so they can receive services.
- Marketing and Referrals: Referrals are made but we have a lack of providers, information. Psychology today.
- Recruitment to community: We have pockets of expertise. Suggestion was made to start with your primary care doctor. There are a few providers in our community such as Dr. Fallucco who are working with primary care doctors to treat youth with mental health issues. Discussion ensued regarding other areas of the country where ADHD is making strides such as Cincinnati. We

currently do not have any PhD programs at the local universities for psychology. Therefore, we have a lack of residents. How can we make that happen?

- Education-Providers/other: MHA currently has an AWARE grant for our community and are conducting Mental Health First Aid for youth with local faith leaders, correction officers, and general community members. We are slowly breaking down the negative stigma of mental health with training and the use of social media.
- ADHD and Addictions: risk factors are high for addiction. We need to educate youth about ADHD medication compliance and about other drugs before they leave home. ADHD medications have a street value and will be stolen by college friends or roommates if not taken care of properly. When youth are transitioning to college medication compliance can become even more difficult. Can cause family disruptions.
- Challenges: University involvement, resources guide.

**Dr. Kristin Alberts:** Jacksonville University. There are many factors for youth in college; the environment of the college, individual personality, how well are they are able to advocate for themselves.

- College Services: Living/learning. Access to services is more convenient in most colleges than in the community. Health services are on campus, tutoring services are available. Personal counseling-9% of students shows up with ADHD, 22% of students are tested at campus, half of the colleges charge for the testing. Some colleges offer an advising center that can help students plan the selection and timing of their classes to help them succeed. Need to prepare students to self-advocate prior to age 18.
- Challenges: Parents and student under-estimate the transition. There are many accommodations that are made at high schools that may not be available or helpful at college. Student may not be as compliant in taking medications. Students often find it harder to find a doctor or get access to the medications that they need. We also have a lack of ADHD coaches/mentors.

**Gail Roberts:** Duval County Public Schools. Ages Pre-K through 22. Schools have an obligation to families and students to provide access. Where does the vocational rehab come in? There are 17,000 students with IEP's in Duval County.

- Advocacy: Need to teach self-advocacy- involve student earlier. Special Ed teacher, advisors, school counselors- ask about training in ADHD.
- Education: Needed for all staff including instructional support, school psychologists/interns, teachers, social workers, family, and students.
  - Dr. Kellogg is willing to come out to school and talk about ADHD from a medical aspect.
- Challenges: Even when available some students, parents don't access. We have a high military presence, and there is still a stigma attached to mental health issues.

**ADHD and Colleges:** Some colleges have disability services where students can receive guidance and resources. Student has to bring a letter to each of his/her teachers.

- Challenges: Funding. Not enough ADHD coaches.

**Marty Clark/Barbara Brutschy:** CHADD and other Support Services. CHADD has online resources available as well as office hours, but attendance has been low. Having community resources and services all under one roof would be very beneficial. Currently, there are gaps in the comprehensive services.

- University of N. Florida is looking into a school psychology program with paid interns.
- Federation of Families is a resource available to youth and parents dealing with ADHD. Information can be found on MHA's website.

- Challenges: Childcare, adoption, comprehensive adoption services.

**Career/Job Coaching:** Jen Keyworth works at Hope Haven and is filling in for Jan Ward today. No age limit for services at Hope Haven which include job coaches, goals, inventory assessment, job skills. They also offer a project search program-1 year long, 3 internships at UF Health. Employment services and vocational rehab is also available.

- Challenges: funding, turnover, gaps in services. More funding equals more job coaches.

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#### Agenda topic *Consensus and Recommendations*

During the time of this initiative an ongoing committee contact list and resource directory will be developed, participants will share any funding sources or new knowledge, and report any enhancements of services as an outcome of this group.

Recommendations:

- VR-more information
- Improve communication
- Funding
- Resident training- how to navigate

Meeting adjourned at Noon.

**Quarterly Meeting Dates:** April 21, 2017; 10 – 12, Children’s Medical Services Conference Room  
June 16, 2017; 10 – 12, Children’s Medical Services Conference Room